



WE ARE A CATHOLIC FAMILY OF FAITH CALLED TO BE INTENTIONAL DISCIPLES, WHO SEEK TO CARRY ON CHRIST'S MISSION THROUGH WORD, SACRAMENT AND SERVICE

PARISH OFFICE
610.777.1697

PARISH EMAIL
st.jbdls@verizon.net

PARISH OFFICE FAX
610.777.4468

PASTOR'S EMAIL
pastor.essig@aol.com

LA SALLE ACADEMY
610.777.7392

MASS **SCHEDULE**

Saturday Vigil: 4:00PM
Sunday: 8:30AM & 10:30AM
Holy Days: *Please consult bulletin*
Daily: Mon, Tue, Wed, Fri: 8AM
Thu: 7PM

JOIN **SAINT JOHN'S**

If you are new to the area, please register at the Parish Office.
If you are moving, a call would be appreciated. Thank you.

SACRAMENT OF **RECONCILIATION**

Saturdays: 3:00PM-3:45PM
Sundays: 7:50AM-8:20AM
9:50AM-10:20AM
Mondays: 4:00PM-5:00PM
Thursdays: 6:15PM-6:50PM

SACRAMENT OF **BAPTISM**

Celebrated on the 2nd Sunday of the month.

Pre-Baptism Instructions are necessary for parents. Please contact the parish office 3 months prior to the proposed date of your Baptism.

HOSPITALIZED

Please notify the parish office when someone is admitted to the hospital. Thank you.

SACRAMENT OF **MATRIMONY**

Diocesan regulations states that arrangements must be made at least six months in advance of date chosen for weddings. Pre-Cana and FOCCUS participation is required. Please call Father Essig at the parish office: 610.777.1697

ADORATION

Mondays: 4:00PM-5:00PM
Thursdays: 6:15PM-6:50PM

DIOCESAN **VICTIM ASSISTANCE**

Contact Ms Wendy Krisak Kalamar
Direct Phone #: 800.791.9209

SAFE ENVIRONMENT COORDINATOR

Contact Pamela J. Russo, M.S.W., M.S.
Secretary, Youth Protection, and Catholic Human Services
P.O. Box F, Allentown, PA 18105
610.871.5200 x 2204
prusso@allentowndiocese.org

PARISH SAFE ENVIRONMENT COORDINATOR

Contact Bernadette Yohn
St. John Baptist de la Salle
610.777.1697

FOR THE LATEST PARISH NEWS & SPIRITUAL ENRICHMENT,
VISIT OUR WEBSITE AT WWW.STJOHNSFAMILYOFFAITH.COM



PARISH STAFF, MINISTRY DIRECTORY, AND CONTACT INFORMATION

PARISH STAFF & MAILING ADDRESS

Parish Mailing Address

420 Holland Street, Shillington, PA 19607

Pastor

Rev. Edward Essig

Deacon

Deacon F. Joseph Lombardo: 610.777.1697

Principal of La Salle Academy

Mr. Stephen Mickulik: 610.777.7392

Parish Secretary

Bernadette Yohn: 610.777.1697

Parish Communications Coordinator

Sarah Capato: 610.850.4978

Director of Religious Education

Bernadette Yohn: 610.777.1697

Director of Music

Andrew Angstadt: 610.451.5664

OUTREACH & PARISH MINISTRIES

Culture of Life

Contact: Bob Peters at 610.775.8965

Bereavement Ministry

Contact: Roseann Kumor at 610.775.7431

Justice in Action Ministry

Contact: Arlene Seeber at 484.794.8027

Breaking Bread Social Committee

Contact: Lois Lombardo at 610.777.2542

Prayer Shawl Ministry

Contact: Elaine Strick at 484.824.1577

Food Pantry / Emergency Meals

Contact: Kate Roche at 610.777.4792

Advocacy for Persons with Disabilities

Contact: Kate Roche at 610.777.4792

Parish Nurse Ministry

Contact: Sharon Shingler at 610.775.9998

St. Paul Street Evangelization

Contact: Gina Aldi at 484.769.5346

Divorce Ministry

Contact: Deb Kelly at 610.763.6528

ORGANIZATIONS

Prime Timers

Contact: Bob Peters at 610.775.8965

Knights of Columbus

Contact: David Pray at 610.780.9431

Altar Society

Contact: Carol Bensing at 610.401.6561

CYO (Christian Youth Organization)

Contact: Tony Cannon at 215.872.0240

Parish Gardeners

Contact: David Pray at 610.780.9431

CATHOLIC BISHOP ABUSE REPORTING

If you have an allegation of abuse against a bishop, please contact the Catholic Bishop Abuse Reporting Service at ReportBishopAbuse.org or by phone at 800.276.1562.

WORSHIP

Eucharistic Adoration

TBA

Altar Servers

Students from Grade 4 to Seniors in High School

Contact: Parish Office at 610.777.1697

Adult Funeral Servers

Contact: Parish Office at 610.777.1697

Eucharistic Ministers

Contact: Bernadette Yohn at 610.777.1697 or 610.777.6297

Lectors

Contact: Deacon Joe Lombardo at 610.777.2542

Ministers of Hospitality

Contact: Deacon Joe Lombardo at 610.777.2542

Liturgical Music (stjohnmusicministry.weebly.com)

Contact: Andrew Angstadt at 610.451.5664 or
angstadtstjohnmusic@gmail.com

Cantors

Contact: Andrew Angstadt at 610.451.5664

Baptismal Prep

Contact: Parish Office at 610.777.1697

Baptismal Bibs

Contact: Parish Office at 610.777.1697

Sacristans

Contact: Elaine Strick at 610.856.7264

SPIRITUAL GROWTH

RCIA (Rite of Christian Initiation for Adults)

Contact: Parish Office at 610.777.1697

Adult Education (Seasonal)

Contact: Parish Office at 610.777.1697

Faith Sharing for Women

Contact: Arlene Seeber at 484.794.8027

Parish Prayer Line

Contact: Judy Peters at 610.775.8965

Charismatic Prayer Group

Contact: Amelia "Midge" Biancone at 610.777.2215

COMPREHENSIVE CATHOLIC EDUCATION

La Salle Academy: Preschool, Pre Kindergarten, K-8th Grade

Mr. Stephen Mickulik, Principal: 610.777.7392

Berks Catholic High School: 9th-12th Grade

Mr. John Petruzzelli, Principal: 610.374.8361 ext. 230

Parish Religious Education Program: 1st-8th Grade

Mrs. Bernadette Yohn, DRE: 610.777.1697

RCIA: Age 18+

Mrs. Bernadette Yohn, DRE: 610.777.1697

SCHEDULING USE OF PARISH FACILITIES

For those interested in using the Father Lyons room for a meeting or special event, please contact the Parish Office at 610.777.1697

MASS INTENTIONS FOR THE WEEK

MONDAY, 8:00 a.m. **MAR. 18 - St. Cyril of Jerusalem**
Pastor's Intention
TUESDAY, 8:00 a.m. **MAR. 19 - St. Joseph, Spouse of the Blessed Virgin Mary**
Gerald Delaney
WEDNESDAY, 8:00 a.m. **MAR. 20 - Lenten Weekday**
Max Bingaman
THURSDAY, 7:00 p.m. **MAR. 21 - Lenten Weekday**
Jean Fick
FRIDAY, 8:00 a.m. **MAR. 22 - Lenten Weekday**
Fr. Peter Keenan

PALM SUNDAY OF THE PASSION OF THE LORD

SATURDAY, 4:00 p.m. **MAR. 23**
Agnes Bradley
SUNDAY, 8:30 a.m. **MAR. 24**
People of the Parish
10:30 a.m. Arthur Bromirski

UPCOMING LITURGICAL MINISTERS

SATURDAY, MARCH 23 - 4:00PM

Lector: Stephen Hetzel

Servers: Penny Cartin

EM: Kathy Burke, Alverda & Craig Turnbaugh, Bernadette Yohn

SUNDAY, MARCH 24 - 8:30AM

Lector: Paul Berthinet

Servers: Zoey Kutzer, Matthew Doxie

EM: Francine Claytor, Lois Lombardo, Deneen & Dan Giesen, Mary Stadelmeyer

SUNDAY, MARCH 24 - 10:30AM

Lector: Joe Giles

Servers: Tenley Capato

EM: Tony Cannon, Susan Artz, Kristen Kellenberger

WEEKLY STEWARDSHIP

SUNDAY 3/10: \$6,718.50

Thank you for your generosity!

Sanctuary Lamp for the week of March 17-23:

In loving memory of Richard & Cecilia Roloff
(requested by Donna Satz)

Altar Bread for the month of March:

In loving memory of **Nana Betty Krick**
(requested by Adam, Teresa, Liliana & Harrison Krick)

TODAYS READINGS

First Reading: Jeremiah 31:31-34

The Lord comforted his people, who were exiled to Babylon, by telling them of the new covenant he planned to make with them. The Lord declared he would write his law upon their hearts, and that he would forgive their evil and forget the sins they had committed in the past.

Second Reading: Hebrews 5:7-9

Though God could have heeded his Son's prayers and spared him suffering, Jesus accepted his Father's will. Through his suffering, he learned obedience and became the source of eternal salvation for all people.

Gospel: John 12:20-33

Jesus was afraid of the suffering he knew he must face. Yet he explained just as a grain of wheat must die to be harvested, he had to face his hour of suffering to glorify his Father's name. Jesus explained that once he was lifted from earth, he could draw all people to himself, lifting them to eternal life.

READINGS FOR THE WEEK

Sunday

Jer 31:31-34; Heb 5:7-9; Jn 12:20-33

Monday

Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62; Jn 8:1-11

Tuesday

2 Sm 7:4-5a, 12-14a, 16; Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or Lk 2:41-51a

Wednesday

Dn 3:14-20, 91-92, 95; Jn 8:31-42

Thursday

Gn 17:3-9; Jn 8:51-59

Friday

Jer 20:10-13; Jn 10:31-42

Saturday

Ez 37:21-28; Jn 11:45-56

THIS WEEK IN THE PARISH

Sunday, Mar. 17

6:00 PM Rel. Ed classes

Monday, Mar. 18

1:00 PM Prime Timers Board Meeting

4:30-5:30 PM Confessions & Adoration

6:30-7:30 PM Confessions & Adoration

7:30 PM Knights of Columbus Business Mtg.

Tuesday, Mar. 19

11:15 AM Prime Timers Bus Trip

Thursday, Mar. 21

6:45 PM Anointing/Healing Mass

Friday, Mar. 22

6:00 PM Knights Lenten Meal (Fr. Lyons Room)

7:00 PM Stations of the Cross

PRAY FOR OUR PRIESTS

March 17 Our seminarians
March 18 Rev. Msgr. Victor Finelli
March 19 Rev. Robert Finlan
March 20 Rev. Vincent Freeh, MSC
March 21 Rev. John Frink
March 22 Rev. Kevin Gallagher

SPIRITUAL THOUGHT

Do not grow weary of doing what is right. (2 Thes. 3:13)

All human work can be consecrated and ennoble, because God does not look upon the quantity but the quality of our actions. Everything that we do with a noble and supernatural intention is good. Do all the actions of my daily life follow this course?

Don't forget to share your feedback on the Disciple Maker Index! The Survey is LIVE and will be open until **March 27, 2024**. You can visit

<https://portal.catholicleaders.org/l/aa3kaa>

If you prefer a paper copy, you may pick it up after daily and Sunday Masses. They will be located at the entrances of the church. To submit the completed paper survey, please drop off in the Collection baskets. To make special arrangements for getting a paper copy, please contact Bernadette at the Parish Office, 610.777.1697. We really need your help in making this a success, so please participate!



COFFEE, TEA AND GREEN SWEETS

On Sunday, March 17th after both Masses in the Father Lyons Room, Breaking Bread will be having a St. Patrick's Day celebration with coffee with Irish creamer, lime punch, along with some delicious green breakfast treats. Let's celebrate St. Patrick who was the Bishop of Ireland, who spread Christianity while explaining the Trinity using a 3 leaf shamrock. Erin go braugh!!

La Salle Academy Enrollment is now OPEN for the 2024-2025 school year grades Pre K through 8th. If you are a parishioner with a school aged student and are interested in touring or learning more about La Salle, give us a call or visit our website! Parishioners with St. John and St. Benedicts receive priority seating for classrooms AND are eligible to receive a \$1000 transfer credit for their first year in grades K through 8th. Come visit us today to learn more! www.lsabear.com
610.777.7392



BAPTISM: We welcome with JOY our newest little member to our parish family:

Haley Marie Cook

PRIME TIMERS NEWS

Prime Timers Upcoming Trips in 2024:

Please continue to read the bulletin for updates on these trips concerning cost and times of departure and return!!

- May 9, 2024 - Ryan & Friends! Includes buffet lunch at Bird-In-Hand Family Restaurant, then enjoy "Ryan & Friends" on the Bird-In-Hand stage. You can expect a flawlessly clean show and side-splitting comedy! **Cost: \$115.00. There is a \$20.00 non-refundable deposit.**
- September 18, 2024 - Mystery Tour! It's a mystery! Will we go north, south, east, or west? Will we visit the country or the city? Sit back, relax, and try to figure out where we are going! **There is a \$20.00 non-refundable deposit.**



Lenten Meals - Everyone is invited by your Knights of Columbus Council 7179, to join us in a light supper prior to the Stations of The Cross that will be held every Friday evening during Lent. Please, come join us in the Father Lyon's Room each Friday beginning at 6:00 PM. This will enable everyone to have a light meal and then move to church for Stations at 7:00 PM.

Week 6 (March 22): Pasta & Sauce

There is no cost for the dinner, but we will be accepting free will donations to help defer the cost of the food.

HOLY WEEK SCHEDULE

March 25 - Monday of Holy Week

Confessions: 4-5:30 PM & 6:30-7:30 PM

March 26 - Tuesday of Holy Week

Confessions: 6-7:30 PM

March 27 - Wednesday of Holy Week

Confessions: 4-5:30 PM & 6:30-7:30 PM

SACRED TRIDUUM

March 28 - Thursday

7:00 PM Mass of the Lord's Supper Mass
Adoration in the Fr. Lyons room 8:30 PM-10:00 PM

March 29 - Good Friday

3:00 PM - Liturgy of the Lord's Passion and Death
Church will remain open for veneration of the Cross

7:00 PM - Stations of the Cross

March 30 - HOLY SATURDAY

12:00 PM - Blessing of Food & Easter Baskets

(Please take note there are NO confessions today)

March 30 - THE GREAT EASTER VIGIL

8:00 PM

31 March - EASTER SUNDAY MASSES:

8:30 AM & 10:30 AM

A WORD FROM OUR PASTOR

On Sunday June 19, 2022, the Solemnity of Corpus Christi (The Most Holy Body and Blood of Jesus) the Catholic Church in the United States began a 3-year Eucharistic Revival. The purpose is to refresh, renew, recommit, and rebuild our belief and understanding of The Most Holy Eucharist. During this time the Church will be encouraging a greater participation at Mass, including attendance at the daily Masses in our parishes, along with times set aside for Adoration of the Blessed Sacrament, and the annual celebration of parish 40 Hours. Therefore, one thing I have chosen for the parish family of St. John's is to share with all of us as to what the Church teaches concerning the Sacrament of Holy Eucharist. Over the next two years we will be reading from the Catechism of the Catholic Church concerning this Gift from God Our Father - The Body and Blood, the Soul and Divinity, of His Only Begotten Son, Jesus Christ. This food given to us for our salvation. I encourage all our parish families to take advantage of this opportunity to read these quick teachings from the Catechism so as to grow in our knowledge of the Holy Eucharist, and to share the beauty of this knowledge with others.

The Peace of Jesus be yours!

Fr. Ed

THE SACRAMENT OF THE EUCHARIST

VI. THE PASCHAL BANQUET

1407: The Eucharist is the heart and the summit of the Church's life, for in it Christ associates his Church and all her members with his sacrifice of praise and thanksgiving offered once for all on the cross to his Father; by this sacrifice he pours out the graces of salvation on his Body which is the Church

Presenting La Salle's Pop Up Dinner PTO Fundraisers!

Back by popular demand!

Here's how it works:

- Order dinner from our links below
- Pick it up at the time and location designated,
- All proceeds go to La Salle PTO!

It's that easy!

- **TUES FEB 20TH: SALUTE**
- **THURS MAR 14TH: MIMMOS**
- **THURS APR 18TH: CRAVE**
- **THURS MAY 16TH: KLINGERS**

PICK UP WILL BE FROM 5:30-5:45 IN LOT 2

PLEASE CONTACT LISA-MARIE WITH QUESTIONS:

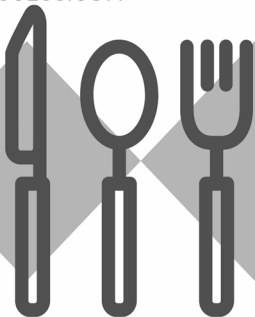
LISAMARIE@LMSFORSUCCESS.COM

**Check out this link for more
information:**

<https://www.mealpopup.com/>



LA SALLE ACADEMY



La Salle Academy has immediate openings for Teachers this year and next school year:

Needed Immediately:

- Long-Term Substitute Teacher from February through June, Certified, Full-Time Middle School Teacher, English Specialization.
- Part-Time Gym Teacher, 2 days per week
- Aftercare Aides, Part Time, M-F 2:30pm-5:30pm
- Classroom Aides, Part-Time, During the School Day

Looking Ahead:

- Part-Time Pre-Kindergarten teacher applications being accepted for the 2024-2025 school year.
Jobs are open until filled. Application for teaching can be found on the www.lsabear.com school website. Send completed application and reference materials to the Principal, Mr. Stephen Mickulik, M.Ed.

BERKS CATHOLIC YOUTH FOOTBALL AND CHEERLEADING-

2024 Season Registration is now open

- This year you can register online by going to -- <https://go.teamsnap.com/forms/419740>. This program is open to girls and boys enrolled in Berks County Parochial Schools. Some age and grade restrictions do apply. **FOR MORE ON ELIGIBILITY AND COST:** Go to WWW.LEAGUELINEUP.COM/BCYFAC. You can also follow us on Facebook by going to: Berks Catholic Youth Football and Cheer-2020 and Beyond. For any other questions contact: Danielle Fowler 610.374.1695 or email DFOWLER@BERKSCATHOLIC.ORG

St Benedict Prime Timers Tour - In Conjunction with

White Star Tour ARK ENCOUNTER & CREATION

MUSEUM - Williamstown, KY June 17-20, 2024 ~

4 Days - 3 Nights \$745.00 per person - Double

Occupancy \$930.00 Single Occupancy. \$50 Deposit to

hold reservation - Balance Due April 1, 2024 Contact

Marie Blimline 484.332.3241 or Jeanie Hauck

610.856.7575 for more information

Save the date! The Parish Nurse Ministry in coordination with Miller-Keystone Blood Centre is sponsoring a blood drive at our Parish on Wednesday May 29th 9am-2pm. More information will follow. Give the gift only you can give!

St. John Baptist de La Salle Feast Day

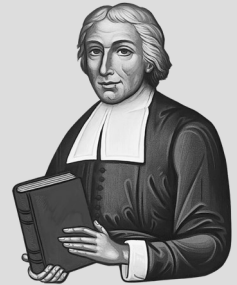
Please join us in celebrating the feast day of our church's patron saint on Sunday April 7th after the 10:30 AM mass in the Father Lyons room. Soup, sandwiches and finger desserts will be served. A free will donation will be appreciated.

Please complete the RSVP form below and drop it in the collection basket by March 31st or call the church office by April 2nd.

FEAST DAY CELEBRATION

NAME _____

_____ ADULTS _____ CHILDREN



You're Invited to join us here at St. John Baptist de la Salle Church for an Anointing/Healing Mass on March 21, 2024 at 6:45 PM.

Please fill out the form below and have the information returned to St. John's, either in the Mail, in the Collection Basket, or drop off at the Parish Office **no later than Monday, March 18, 2024.**

PLEASE PRINT:

NAME: _____

ADDRESS: _____

PHONE NUMBER: _____



PLEASE CHECK ONE:

☐ I am in the need of the Sacrament /Anointing of the Sick _____

OR

☐ I would like to receive the Anointing with Blessed Oil. _____

Transportation would need to be provided by a family member, next of kin or aide.

A WORD FROM OUR PARISH NURSES MINISTRY

Obstructive Sleep Apnea (OSA) is a common disease affecting between 18-22 million people. OSA consists of 2 types. Obstructive which is the result of the muscles in the throat relaxing and preventing the flow of air past the back of throat and Central which involves a miscommunication between the brain and muscles of the throat. Central Sleep Apnea occurs in less than 1% of all OSA cases.

Signs of OSA include: Daytime sleepiness, morning headache, dry mouth, snoring and restless sleep. Some risk factors for OSA include: male gender, large tongue, short, lower jaw, and thick short neck. Complications of OSA can result in hypertension, atrial fibrillation of the heart, mental fog, and accidents due to lack of sleep.

OSA is diagnosed through a sleep study termed polysomnogram. This an overnight sleep test in a sleep lab that monitors number and length of time a person stops breathing and their oxygen levels during the night. The diagnosis is made as no OSA, mild OSA 5-14 episodes of lack of breathing for 20-30 seconds, moderate 15-29 episodes and severe 30 or more episodes.

Treatments for OSA include BiPAP/CPAP, mouth piece and Inspira. The mouthpiece is provided usually by a dentist and holds the jaw/tongue in place to allow the air to flow freely past the throat. A BiPAP /CPAP device fits over nose or mouth tightly and delivers a determined amount of positive pressure to keep the airway open. Inspira was FDA approved in 2014 for use with OSA patients who meet criteria. The basic criteria are failed BiPAP/CPAP, minimum age 18 years, diagnosis of moderate to severe OSA and no CSA.

Inspira is an implant that delivers a gentle impulse to the hypoglossal nerve on the bottom of the tongue that results in the movement of the tongue to allow air flow past it. Placement on an Inspira is done by qualified physicians (ENT or OSA physicians with training). The procedure is done as an outpatient and lasts about 90 minutes. It involves placing an impulse generator (a small device 3inches) beneath the clavicle and the stimulation lead (a small wire) is tunneled from the generator to the base of the tongue (hypoglossal nerve site) The sensory lead at the generator site senses the lack of breathing and sends a signal to the stimulation lead which then send signal to hypoglossal nerve which causes the tongue to move so that air can pass. There is an external device that the patient uses to turn the Inspira on and off. This is done by placing the device over the site of the impulse generator. The most common complaints include: tongue pain, headache, dry mouth and feeling the stimulation. There is a 94 % success rate associated with the use of Inspira.

MARCH NOVENA

Over the last few months Pope Francis has been physically ill, but his spirit has remained high. This Novea will be to pray for him and the cardinals as the move on the many issues that were brought to the forefront during the synod. Not all was agreed upon by all, so we must pray for the unification of the cardinals in the months to come. This Nove-na will begin on 3/17 and end nine days later.

Opening prayer

Almighty God, look kindly on your servant Pope Francis. You invited him to shepherd Your flock. Guide him and protect him in his daily work. Inspire him in Your ways to keep your people uplifted. Give him the strength to recover in health and assist him in spreading your Gospel throughout the world.

Pray the rosary of the day.

The Closing Prayer

O Jesus eternal priest, keep your cardinals within the shelter of your Sacred Heart where none may touch them. Keep unstained their anointed hands which daily touch your Sacred Body. Keep unsullied their lips daily purpled with your Precious Blood. Keep pure and unearthly their hearts sealed with the sublime mark of the priesthood. Unite them to help Pope Francis in his mission in guiding the church through troubled times. Bless them in their daily lives with Your Grace. Amen